

# DEPARTMENT OF HUMAN DEVELOPMENT AND FAMILY STUDIES



Office in Behavioral Sciences Building, Room 303  
(970) 491-5558

[www.chhs.colostate.edu/hdfs](http://www.chhs.colostate.edu/hdfs) (<https://www.chhs.colostate.edu/hdfs/>)

Professor Julie Braungart-Rieker, Department Head

## Enhancing Healthy Development

Through training, research, and engagement, we examine human development across the lifespan in the context of families, schools, communities, and culture.

## Undergraduate Majors

- Early Childhood Education (<https://catalog.colostate.edu/general-catalog/colleges/health-human-sciences/human-development-family-studies/early-childhood-education-major/>)
- Family and Consumer Sciences Education (<https://catalog.colostate.edu/general-catalog/colleges/health-human-sciences/human-development-family-studies/family-and-consumer-sciences-education-major/>)
- Human Development and Family Studies (<https://catalog.colostate.edu/general-catalog/colleges/health-human-sciences/human-development-family-studies/human-development-family-studies-major/>)
  - Behavioral and Mental Health Programs Concentration (<https://catalog.colostate.edu/general-catalog/colleges/health-human-sciences/human-development-family-studies/human-development-family-studies-major-behavioral-mental-health-programs-concentration/>)
  - Early Childhood Professions Concentration (<https://catalog.colostate.edu/general-catalog/colleges/health-human-sciences/human-development-family-studies/human-development-family-studies-major-early-childhood-professions-concentration/>)

- Human Development and Family Studies Concentration (<https://catalog.colostate.edu/general-catalog/colleges/health-human-sciences/human-development-family-studies/human-development-family-studies-major-human-development-family-studies-concentration/>)
- Leadership and Advocacy Concentration (<https://catalog.colostate.edu/general-catalog/colleges/health-human-sciences/human-development-family-studies/human-development-family-studies-major-leadership-advocacy-concentration/>)
- Pre-Health Professions Concentration (<https://catalog.colostate.edu/general-catalog/colleges/health-human-sciences/human-development-family-studies/human-development-family-studies-major-pre-health-professions-concentration/>)
- Prevention and Intervention Sciences Concentration (<https://catalog.colostate.edu/general-catalog/colleges/health-human-sciences/human-development-family-studies/human-development-family-studies-major-prevention-intervention-sciences-concentration/>) (*No new students are being admitted into this concentration. Please visit the Behavioral and Mental Health Programs concentration above*)

## Minors

- Gerontology Interdisciplinary Minor (<https://catalog.colostate.edu/general-catalog/university-wide-programs/interdisciplinary-studies/gerontology-interdisciplinary-minor/>)
- Human Development and Family Studies (<https://catalog.colostate.edu/general-catalog/colleges/health-human-sciences/human-development-family-studies/human-development-family-studies-minor/>)

## Certificates

- Disability and Neurodiversity (<https://catalog.colostate.edu/general-catalog/colleges/health-human-sciences/human-development-family-studies/certificate-disability-neurodiversity/>)
- Infant and Early Childhood Mental Health (<https://catalog.colostate.edu/general-catalog/colleges/health-human-sciences/human-development-family-studies/certificate-infant-early-childhood-mental-health/>)
- Youth Mentoring with Campus Connections (<https://catalog.colostate.edu/general-catalog/colleges/health-human-sciences/human-development-family-studies/certificate-youth-mentoring-campus-connections/>)

## Dual-Degree Program

- Bachelor of Science in Human Development and Family Studies + Master of Public Health (<https://publichealth.colostate.edu/dual-degree/bs-mp/>)

## Online Degree Programs

The major in Human Development and Family Studies (HDFS) is offered in two formats, both leading to a Bachelor of Science degree. The major in Human Development and Family Studies offered through CSU Online provides a flexible, convenient, and accessible format for busy, working, or distance students. The online program of study is the same as the on-campus version, is fully accredited, and is indistinguishable on student transcripts and diplomas from the on-campus version.

The Gerontology Interdisciplinary Minor and courses required to pursue a variety of certifications are also available online. On-campus students are welcome in HDFS courses through CSU Online ([https://www.online.colostate.edu/courses/credit/?subject\\_cat=39792#courselistings](https://www.online.colostate.edu/courses/credit/?subject_cat=39792#courselistings)) and should speak with their advisor and financial aid representative about financial implications.

## Accelerated Program

The major in Human Development and Family Studies includes an accelerated program option (<https://provost.colostate.edu/accelerated-programs/>) for students to graduate on a faster schedule. Accelerated Programs typically include 15-16 credits each fall and spring semester for three years, plus 6-9 credits over two to three summer sessions. Students who enter CSU with prior credit (AP, IB, transfer, etc.) may use applicable courses to further accelerate their graduation. Visit the Office of the Provost website for additional information about Accelerated Programs (<https://provost.colostate.edu/accelerated-programs/>).

## Graduate

### Graduate Programs in Human Development and Family Studies

The Department of Human Development and Family Studies (HDFS) offers a Master of Science degree with two specializations and one doctoral program in Applied Developmental Science. The focus of the department is on the study of individual and family development across the lifespan; the development, implementation, and evaluation of intervention and prevention programs for individuals and families at risk; and the influence of social institutions such as schools and communities on development. Our graduate programs advance students' understanding of human behavior and development, as well as enable them to contribute to scholarship and professional practice.

Students interested in graduate work should refer to the Graduate and Professional Bulletin (<https://catalog.colostate.edu/general-catalog/graduate-bulletin/>) and the Department of Human Development and Family Studies (<http://www.hdfs.chhs.colostate.edu/students/>). (<http://hdfs.chhs.colostate.edu/students/masters/>)

### Graduate Certificate

- Prevention Program Planning & Evaluation (<https://catalog.colostate.edu/general-catalog/colleges/health-human-sciences/human-development-family-studies/prevention-program-planning-evaluation/>)

### Master's Programs

In addition to the Individualized Master of Science in HDFS, there are two specializations offered: Prevention Science, and Marriage and Family Therapy. Curricula in each program includes core courses in individual development, family theories, current research and issues in HDFS, and research methods. A research thesis is required for Plan A.

- Master of Science in HDFS, Plan A (<https://catalog.colostate.edu/general-catalog/colleges/health-human-sciences/human-development-family-studies/plan-a-ms-human-development-family-studies/>)
- Master of Science in HDFS, Marriage & Family Therapy Specialization, Plan A and Plan B (<https://catalog.colostate.edu/general-catalog/colleges/health-human-sciences/human-development-family-studies/ms-human-development-family-studies-marriage-therapy-specialization-plan-a-plan-b/>)

studies/ms-human-development-family-studies-marriage-therapy-specialization-plan-a-plan-b/)

- Master of Science in HDFS, Plan A, Prevention Science Specialization (<https://catalog.colostate.edu/general-catalog/colleges/health-human-sciences/human-development-family-studies/plan-a-ms-human-development-family-studies-prevention-science-specialization/>)

### Online Master's Program

The online Master of Prevention Science Practice trains graduates to implement evidence-based prevention programs for use at the community-level in preventing mental, emotional, and behavioral disorders. The course work emphasizes lifespan developmental processes and normative family functioning, as well as theories of prevention science and risk and resilience.

- Master of Prevention Science Practice, Plan C (M.P.S.P.) (<https://catalog.colostate.edu/general-catalog/colleges/health-human-sciences/human-development-family-studies/plan-c-mpsp-master-prevention-science/>)

### Ph.D.

The program in Applied Developmental Science builds upon coursework completed in a master's program, yet allows for more advanced, tailored, and personalized learning. Doctoral training also emphasizes mentorships with faculty in order to apply coursework to research in students' areas of specialization.

- Ph.D. in Applied Developmental Science (<https://catalog.colostate.edu/general-catalog/colleges/health-human-sciences/human-development-family-studies/applied-developmental-science-phd/>)

## Courses

### Human Development and Family Studies (HDFS)

**HDFS 101 Lifespan Development (GT-SS3) Credits: 3 (3-0-0)**

**Course Description:** Lifespan human development in the context of family systems and cultures. Physical, cognitive, and social and emotional changes during prenatal development, infancy, childhood, adolescence, and adulthood.

**Prerequisite:** None.

**Registration Information:** Sections may be offered: Online.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**Additional Information:** Social & Behavioral Sciences 3C, Human Behavior, Culture, or Social Frameworks (GT-SS3).

**HDFS 160 Mentees/First Year Success I Credits: 3 (0-6-0)**

**Course Description:** Mentoring course for first-year underrepresented students enrolled in majors within the HDFS Department to support successful transition to the university and department. Includes one-to-one peer mentoring with junior/senior student within the HDFS Department, connection to department, campus, and community resources, and engagement in department and campus programming and events.

**Prerequisite:** None.

**Restrictions:** Must not be a: Sophomore, Junior, Senior. Must be a: Undergraduate.

**Registration Information:** First-year student, enrolled in majors within the HDFS Department. Written consent of instructor. Credit not allowed for both HDFS 160 and HDFS 180A1.

**Term Offered:** Fall.

**Grade Mode:** S/U Sat/Unsat Only.

**Special Course Fee:** No.

**HDFS 170 Mentees/First Year Success II Credits: 3 (0-6-0)**

**Course Description:** Mentoring course for first-year underrepresented students enrolled in majors within the HDFS Department to support a successful transition to the university and department through one-to-one peer mentoring with junior/senior students within the HDFS Department, connection to department, campus and community resources, and engagement in department and campus programming and events. Explore intersecting identities and opportunities for scholarship, service, and leadership.

**Prerequisite:** HDFS 160.

**Restrictions:** Must not be a: Sophomore, Junior, Senior. Must be a: Undergraduate.

**Registration Information:** First-year student, enrolled in majors within the HDFS Department. Written consent of instructor. Credit not allowed for both HDFS 170 and HDFS 180A2.

**Term Offered:** Spring.

**Grade Mode:** S/U Sat/Unsat Only.

**Special Course Fee:** No.

**HDFS 201 Perspectives in Gerontology Credits: 3 (3-0-0)**

**Course Description:** Multidisciplinary perspectives on a variety of issues in human aging; exploration of careers in gerontology; service-learning with older adults; emphasis on applied gerontology.

**Prerequisite:** None.

**Registration Information:** Sections may be offered: Online.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 217 Creative Experiences for Children Credits: 3 (3-0-0)**

**Course Description:** Theories of play and creativity as the foundation for examining the role of interdisciplinary interests (arts, music, literature, science, math) in early childhood development. Exploration of creative techniques appropriate for young children (ages 0-8 years) and how these strategies enhance the child's self-expression, creativity, and development in educational, medical, and therapeutic settings. Exploration of curriculum cycle: observation, planning, implementation, reflection, and feedback.

**Prerequisite:** HDFS 101, may be taken concurrently or PSY 100, may be taken concurrently.

**Registration Information:** Sections may be offered: Online.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 250 Introduction to Research Methods Credits: 3 (3-0-0)**

**Course Description:** Introduction to research methodology relevant to human development and family studies including research designs, statistical significance, components and evaluation of empirical research articles, and ethical principles. Formulation of research questions and hypotheses.

**Prerequisite:** HDFS 101, may be taken concurrently or PSY 100, may be taken concurrently.

**Registration Information:** Sections may be offered: Online.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 275 Foundational Helping Skills Credits: 3 (3-0-0)**

**Course Description:** Introduction to helping skills in healthcare and human service settings including strength-based techniques to support clients and opportunities and challenges related to the well-being of helping professionals. Exploration of ethical practices, including boundaries, scope of practice, and collaboration as well as the impact of culture, bias, and equity in working with individuals, couples, and families.

**Prerequisite:** HDFS 101, may be taken concurrently or PSY 100, may be taken concurrently.

**Registration Information:** Sections may be offered: Online.

**Terms Offered:** Fall, Spring.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 277 Introductory Seminar in HDFS Credit: 1 (1-0-0)**

**Course Description:** Introduction to the Human Development and Family Studies (HDFS) Department including its program and certificates. Gain resources for academic success, explore career interests, and practice the necessary skills to transition to the academic expectations of the department and college.

**Prerequisite:** None.

**Registration Information:** Enrollment in Human Development and Family Studies, Early Childhood Education, or Family and Consumer Sciences.

Sections may be offered: Online.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 286A Practicum: Human Development and Family Studies Credits: 3 (0-0-6)**

**Course Description:** Career exploration and community placement opportunities to observe individuals/families at varying stages of the lifespan and apply knowledge gained from coursework in human development and family studies.

**Prerequisite:** HDFS 101, may be taken concurrently.

**Registration Information:** Application required for practicum placement. Background check required. Offered as Mixed Face-to-Face.

**Terms Offered:** Fall, Spring.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 286B Practicum: Early Childhood Professions Credits: 3 (0-0-6)**

**Course Description:** Career exploration and community placement opportunities to observe children and families, and apply knowledge gained from coursework in human development and family studies.

**Prerequisite:** HDFS 101, may be taken concurrently.

**Registration Information:** Application required for practicum placement. Background check required. Offered as Mixed Face-to-Face.

**Terms Offered:** Fall, Spring.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 286C Practicum: Pre-Health Professions Credits: 3 (0-0-6)**

**Course Description:** Career exploration and community placement opportunities to observe individuals/families at varying stages of the lifespan and apply knowledge gained from coursework in human development and family studies.

**Prerequisite:** HDFS 101, may be taken concurrently.

**Registration Information:** Application required for practicum placement. Background check required. Offered as Mixed Face-to-Face.

**Terms Offered:** Fall, Spring.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 286D Practicum: Prevention and Intervention Sciences Credits: 3 (0-0-6)**

**Course Description:** Career exploration and community placement opportunities to observe individuals/families at varying stages of the lifespan and apply knowledge gained from coursework in human development and family studies.

**Prerequisite:** HDFS 101, may be taken concurrently.

**Registration Information:** Application required for practicum placement. Background check required. Offered as Mixed Face-to-Face.

**Terms Offered:** Fall, Spring.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 286E Practicum: Leadership and Advocacy Credits: 3 (0-0-6)**

**Course Description:** Career exploration and community placement opportunities to observe individuals/families at varying stages of the lifespan and apply knowledge gained from coursework in human development and family studies.

**Prerequisite:** HDFS 101, may be taken concurrently.

**Registration Information:** Application required for practicum placement. Background check required. Offered as Mixed Face-to-Face.

**Terms Offered:** Fall, Spring.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 310 Infant and Child Development in Context Credits: 3 (3-0-0)**

**Course Description:** Physical, cognitive, and socioemotional development from birth through middle childhood in context of family, relationships, and culture.

**Prerequisite:** HDFS 101, may be taken concurrently or PSY 100, may be taken concurrently.

**Restriction:** Must not be a: Freshman.

**Registration Information:** Sophomore standing. Sections may be offered: Online.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 311 Adolescent and Emerging Adult Development Credits: 3 (3-0-0)**

**Course Description:** Physical, cognitive, and social-emotional development of adolescents and emerging adults in context (e.g., family, relationships, culture). Developmental concepts, theory, and research relevant to typical development including behavioral and emotional outcomes. Emphasis on diversity of experiences as a function of social and ecological factors.

**Prerequisite:** HDFS 101, may be taken concurrently or PSY 100, may be taken concurrently.

**Restriction:** Must not be a: Freshman.

**Registration Information:** Sophomore standing. Sections may be offered: Online.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 312 Adult Development-Middle Age and Aging Credits: 3 (3-0-0)**

**Course Description:** Developmental issues and processes pertaining to middle and later adulthood. Contexts in which adult development and aging occur are emphasized.

**Prerequisite:** HDFS 101, may be taken concurrently or PSY 100, may be taken concurrently.

**Restriction:** Must not be a: Freshman.

**Registration Information:** Sophomore standing. Sections may be offered: Online.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 315 Disability Across the Lifespan and Culture Credits: 3 (3-0-0)**

**Course Description:** Interdisciplinary perspectives to understand infants, youth, and adults with disabling conditions. Causes, outcomes, and intervention of commonly occurring disabilities and health conditions. A global perspective on how disabilities interact with family, society, stigma, identity, media, government, and the physical environment. Relevant to majors and careers in health, education, rehabilitation, counseling, human services, and anthropology.

**Prerequisite:** HDFS 101, may be taken concurrently or PSY 100, may be taken concurrently.

**Restriction:** Must not be a: Freshman.

**Registration Information:** Sophomore standing. Sections may be offered: Online. Required field trips.

**Term Offered:** Fall.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 317 Disabilities in Early Childhood Education Credits: 3 (3-0-0)**

**Course Description:** Developmental and learning outcomes in young children with disabilities 0-8 years in the early childhood education context. Examine atypical development, inclusive education, strategies and intervention, and family partnerships relevant to early interventionists, educators, and related services, such as occupational therapy, physical therapy, speech-language pathology, music therapy, and applied behavioral analysis.

**Prerequisite:** HDFS 310.

**Registration Information:** Sophomore standing. Sections may be offered: Online.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 318 Baby Steps-Development from 0-3 Years Credits: 3 (3-0-0)**

**Course Description:** Explore theory, research, and practice related to infant and toddler development from birth through 36 months, with an emphasis on physical, cognitive, and socioemotional health and development in applied settings.

**Prerequisite:** HDFS 310.

**Registration Information:** Sections may be offered: Online.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 332 Death, Dying, and Grief Credits: 3 (3-0-0)**

**Course Description:** Cultural and historical trends in death encounters and attitudes, medical and legal issues related to dying, and key concepts and models related to dying and grieving processes. Skills to support dying and grieving individuals and their families across the lifespan, experiencing a variety of death events.

**Prerequisite:** None.

**Restriction:** Must not be a: Freshman.

**Registration Information:** Sophomore standing. Sections may be offered: Online.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 334 Family and Parenthood Across the Lifespan Credits: 3 (3-0-0)**

**Course Description:** Practical, theoretical, and empirical information on the dynamics of family and parenthood across the lifespan. Emphasis on understanding how families and parents in diverse ecological and social contexts experience their roles and relationships. Exploration of factors that contribute to risk as well as evidence-based practices to support and enhance family systems and parents.

**Prerequisite:** HDFS 101, may be taken concurrently or PSY 100, may be taken concurrently.

**Restriction:** Must not be a: Freshman.

**Registration Information:** Sophomore standing. Sections may be offered: Online.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 350 Applied Research Methods Credits: 3 (3-0-0)**

**Course Description:** Analyze, interpret, apply, and write about research findings in human development.

**Prerequisite:** HDFS 250 with a minimum grade of C.

**Restriction:** Must not be a: Freshman, Sophomore.

**Registration Information:** Junior standing. Sections may be offered: Online.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 360 Leadership Through Peer Mentoring I Credits: 3 (0-6-0)**

**Course Description:** Engage in one-to-one peer mentoring with first-year, underrepresented students within the HDFS Department. Mentors provide leadership and guidance to support first-year students' successful transition to college and the department. Mentors gain leadership experience and develop career relevant skills including interpersonal communication skills, resource referral skills, and facilitation skills.

**Prerequisite:** None.

**Restrictions:** Must not be a: Freshman, Sophomore. Must be a: Undergraduate.

**Registration Information:** Junior standing. Enrollment in majors within the HDFS Department. Written consent of instructor. May be repeated up to two times for credit.

**Term Offered:** Fall.

**Grade Mode:** S/U Sat/Unsat Only.

**Special Course Fee:** No.

**HDFS 370 Leadership Through Peer Mentoring II Credits: 3 (0-6-0)**

**Course Description:** Engage in one-to-one peer mentoring with first-year, underrepresented students within the HDFS Department. Mentors provide leadership and guidance to support first-year students' successful transition to college and the department. Mentors gain leadership experience and develop career relevant skills including interpersonal communication skills, resource referral skills, and facilitation skills.

**Prerequisite:** HDFS 360.

**Restrictions:** Must not be a: Freshman, Sophomore. Must be a: Undergraduate.

**Registration Information:** Junior standing. Enrollment in majors within the HDFS Department. Written consent of instructor. May be repeated up to two times for credit.

**Term Offered:** Spring.

**Grade Mode:** S/U Sat/Unsat Only.

**Special Course Fee:** No.

**HDFS 372 Inclusive Mentoring for Neurodiverse Peers Credits: Var[2-4] (0-0-0)**

**Also Offered As:** AGED 372.

**Course Description:** Provide inclusive peer mentoring for neurodiverse college students in the Ram Scholars program, an inclusive postsecondary program for students pursuing careers in agriculture. Weekly seminar focused on inclusive mentoring. Peer mentor activities include attending CSU courses with RAM Scholars and conducting study sessions; providing behavioral supports for campus life, recreational activities, and agricultural field trips; and implementing weekly enrichment activities.

**Prerequisite:** None.

**Registration Information:** Written consent of instructor. Required field trips. Background check required. Course may be taken for a maximum of 9 credits.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 375 Lifespan Intervention and Prevention Science Credits: 3 (3-0-0)**

**Course Description:** Intervention and prevention approaches and skills to improve the health, mental health, and well-being of families and individuals across the lifespan.

**Prerequisite:** HDFS 310 and HDFS 311.

**Registration Information:** Completion of 60 credits. Sections may be offered: Online.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 402 Couple and Family Dynamics Credits: 3 (3-0-0)**

**Course Description:** Explore how family theories explain relationships and guide intervention and research, and how gender, sexual orientation, race, ethnicity, social class, and historical context influence relationship functioning and health. Learn processes associated with mate selection, attachment formation, and intimacy; marriage, cohabitation, and divorce; infidelity and intimate partner violence. Examine the influence of family policies such as those related to work and family, and immigration.

**Prerequisite:** HDFS 101 or PSY 100.

**Restriction:** Must not be a: Freshman, Sophomore.

**Registration Information:** Junior standing. Sections may be offered: Online.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 403 Families in the Legal Environment Credits: 3 (3-0-0)**

**Course Description:** The intersection of individuals, children, families and the legal system, including the balance between the right to privacy and government intervention, and social disparities in the legal system. Topics include: establishing the legal parent relationship, adoption, the rights of children and parents, marriage, divorce, dependency and neglect, family violence, disability and estate planning, juvenile delinquency, legalities of gender, and landlord/tenant and housing policy.

**Prerequisite:** None.

**Restriction:** Must not be a: Freshman, Sophomore.

**Registration Information:** Completion of 60 credits. Offered as an online course only. Required field trips.

**Terms Offered:** Fall, Spring.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 404 Child Life Theory and Practice Credits: 3 (3-0-0)**

**Course Description:** Theories and skills related to effective child life practice in hospitals.

**Prerequisite:** HDFS 310.

**Registration Information:** Sections may be offered: Online.

**Terms Offered:** Spring, Summer.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 410 Wonder Years-Socioemotional Journey Ages 3-8 Credits: 3 (3-0-0)**

**Course Description:** Explore social and emotional development in children ages 3-8, with a specific focus on atypical and typical development, developmental theories and models, risk and protective factors, evidence-based programs, empirically validated strategies for preventing challenging behaviors, fostering adaptive social skills and emotion regulation, and promoting mental health.

**Prerequisite:** HDFS 310.

**Restriction:** Must not be a: Freshman, Sophomore.

**Registration Information:** Junior standing. Sections may be offered: Online.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 411 Developmental Transitions in Adolescence Credits: 3 (3-0-0)**

**Course Description:** Examination of biological, socio-emotional, cognitive, and behavioral changes during adolescence.

**Prerequisite:** HDFS 311.

**Restriction:** Must not be a: Freshman, Sophomore.

**Registration Information:** Junior standing. Sections may be offered: Online.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 412 Mental and Physical Health in Adulthood Credits: 3 (3-0-0)**

**Course Description:** Mental and physical health and common disorders of adulthood. Topics related to illnesses in the context of lifelong experiences along with gender, race, ethnicity, sexual orientation, and socioeconomic factors. Insights into prevention and intervention strategies and implications for public health planning.

**Prerequisite:** HDFS 312.

**Restriction:** Must not be a: Freshman, Sophomore.

**Registration Information:** Junior standing. Sections may be offered: Online.

**Term Offered:** Fall.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 434 Risk and Resilience Across the Lifespan Credits: 3 (3-0-0)**

**Course Description:** Why some individuals are at high risk for poor developmental outcomes, and why certain individuals fare well despite such risks or adversities. Strong developmental emphasis because resilience is viewed as a process, the results of which may not be manifest for years. There is an ecological emphasis because protective and vulnerability factors often reside in families, schools, neighborhoods.

**Prerequisite:** HDFS 310, may be taken concurrently or HDFS 311, may be taken concurrently or HDFS 312, may be taken concurrently or HDFS 375, may be taken concurrently.

**Restriction:** Must not be a: Freshman, Sophomore.

**Registration Information:** Junior standing. Sections may be offered: Online.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 439 Administration of Early Childhood Programs Credits: 3 (3-0-0)**

**Course Description:** Center administration related to program development and operations, budgeting, state regulations and licensing, and personnel issues.

**Prerequisite:** HDFS 310.

**Registration Information:** Completion of 60 credits. Sections may be offered: Online.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 445 Early Childhood Health, Safety, and Nutrition Credits: 3 (0-0-3)**

**Also Offered As:** FSHN 445.

**Course Description:** Planning, promoting and maintaining healthy life style and safe learning environment for preschool children. Nutrition, first aid and safety, physical activity, identifying and reporting abuse, prevention and management of acute illness and chronic disease and promotion of a high-quality indoor and outdoor environment, targeted for the early childhood education professional.

**Prerequisite:** HDFS 310.

**Registration Information:** Completion of 60 credits. Offered as an online course only. Credit not allowed for both FSHN 445 and HDFS 445.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 470A Campus Connections: Youth Mentor Credits: 3 (0-6-0)**

**Course Description:** Service-learning course engaging students as mentors with local youth.

**Prerequisite:** None.

**Registration Information:** Written consent of instructor. Students must complete an application and a required background check through CBI, FBI. Course may be taken for a maximum of 9 credits.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Traditional.

**Special Course Fee:** Yes.

**HDFS 470B Campus Connections: Mentor Coach Credits: 3 (0-6-0)**

**Course Description:** Serve as mentor coach in a service-learning course engaging students as mentors with local youth.

**Prerequisite:** HDFS 470A.

**Registration Information:** Written consent of instructor. Students must complete an application and a required background check through CBI, FBI. Course may be taken for a maximum of 9 credits.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Traditional.

**Special Course Fee:** Yes.

**HDFS 470C Campus Connections: Program Administration Credits: 3 (0-4-2)**

**Course Description:** Provide administrative support to a service-learning program for local youth.

**Prerequisite:** None.

**Registration Information:** Written consent of instructor. Must register for laboratory and recitation. Students must complete an application and a required background check through CBI, FBI. Course may be taken for a maximum of 9 credits.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 475 Leadership and Advocacy in Human Services Credits: 3 (3-0-0)**

**Course Description:** Theory and research on leadership as applied to professional communication and decision-making in human services settings. Qualities, responsibilities, and ethical standards essential for successful leadership. Theories and practices related to advocacy including identification of areas of inequality and opportunities for advocacy as human service professionals. Applicable to students pursuing a variety of careers in healthcare, education, human services, and social entrepreneurship.

**Prerequisite:** HDFS 101 or PSY 100.

**Restriction:** Must not be a: Freshman, Sophomore.

**Registration Information:** Completion of 60 credits. Sections may be offered: Online.

**Terms Offered:** Fall, Spring.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 477A Professional Preparation: Local Internship Placements Credit: 1 (1-0-0)**

**Course Description:** Exploration of professionalism, workplace issues, leadership and communication skills, goal setting, self-management, and building a professional identity in person, writing, and online. Completion of steps to secure an internship for students seeking a local internship, selecting from a list of pre-approved internship sites within 30 miles of the CSU Fort Collins campus.

**Prerequisite:** HDFS 350, may be taken concurrently.

**Restriction:** Must not be a: Freshman, Sophomore.

**Registration Information:** Human Development and Family Studies majors only. Offered as an online course only. Credit not allowed for both HDFS 477A and HDFS 478.

**Terms Offered:** Fall, Spring.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 477B Professional Preparation: Distance Internship Placements Credit: 1 (1-0-0)**

**Course Description:** Exploration of professionalism, workplace issues, leadership and communication skills, goal setting, self-management, and building a professional identity in person, writing, and online. Completion of steps to secure own internship site more than 30 miles outside of Fort Collins.

**Prerequisite:** HDFS 350, may be taken concurrently.

**Restriction:** Must not be a: Freshman, Sophomore.

**Registration Information:** Human Development and Family Studies majors only. Offered as an online course only. Credit not allowed for both HDFS 477B and HDFS 478.

**Terms Offered:** Fall, Spring.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 478 HDFS Professional Development Credit: 1 (1-0-0)**

**Course Description:** Exploration of professionalism, workplace issues, leadership and communication skills, goal setting, self-management, and building a professional identity in person, writing, and online. Understand the skills and attributes required to become a successful HDFS professional.

**Prerequisite:** HDFS 350, may be taken concurrently.

**Registration Information:** Completion of 60 credits. Written consent of instructor. Human Development and Family Studies majors only. Sections may be offered: Online. Credit not allowed for both HDFS 477 and HDFS 478.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 484 Supervised College Teaching Credits: Var[1-3] (0-0-0)**

**Course Description:**

**Prerequisite:** None.

**Registration Information:** A maximum of 10 combined credits for all 384 and 484 courses are counted towards graduation requirements.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** S/U Sat/Unsat Only.

**Special Course Fee:** No.

**HDFS 488A Internship: Human Development and Family Studies Credits: Var[4-6] (0-0-0)**

**Course Description:** Provides an opportunity to integrate HDFS classroom knowledge into real-world experiences. Students complete 4-6 credits at an internship site established and approved by the HDFS Department. Weekly meetings with internship site supervisors foster the development of professional skills and feedback to enhance students' performance, conduct, ethics, and communication skills for the workplace.

**Prerequisite:** HDFS 477A with a minimum grade of C or HDFS 477B with a minimum grade of C.

**Restriction:** Must not be a: Freshman, Sophomore, Junior.

**Registration Information:** Senior standing. Background check required. Human Development and Family Studies majors only. Sections may be offered: Online.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Instructor Option.

**Special Course Fee:** No.

**HDFS 488B Internship: Early Childhood Credits: Var[4-6] (0-0-0)**

**Course Description:** Provides an opportunity to integrate HDFS classroom knowledge into real-world experiences. Students complete 4-6 credits at an internship site established and approved by the HDFS Department. Weekly meetings with internship site supervisors foster the development of professional skills and feedback to enhance students' performance, conduct, ethics, and communication skills for the workplace.

**Prerequisite:** HDFS 477A with a minimum grade of C or HDFS 477B with a minimum grade of C.

**Restriction:** Must not be a: Freshman, Sophomore, Junior.

**Registration Information:** Senior standing. Background check required. Human Development and Family Studies majors only. Sections may be offered: Online.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Instructor Option.

**Special Course Fee:** No.

**HDFS 488C Internship: Pre-Health Credits: Var[4-6] (0-0-0)**

**Course Description:** Provides an opportunity to integrate HDFS classroom knowledge into real-world experiences. Students complete 4-6 credits at an internship site established and approved by the HDFS Department. Weekly meetings with internship site supervisors foster the development of professional skills and feedback to enhance students' performance, conduct, ethics, and communication skills for the workplace.

**Prerequisite:** HDFS 477A with a minimum grade of C or HDFS 477B with a minimum grade of C.

**Restriction:** Must not be a: Freshman, Sophomore, Junior.

**Registration Information:** Senior standing. Background check required. Human Development and Family Studies majors only. Sections may be offered: Online.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Instructor Option.

**Special Course Fee:** No.

**HDFS 488D Internship: Prevention/Intervention Science Credits: Var[4-6] (0-0-0)**

**Course Description:** Provides an opportunity to integrate HDFS classroom knowledge into real-world experiences. Students complete 4-6 credits at an internship site established and approved by the HDFS Department. Weekly meetings with internship site supervisors foster the development of professional skills and feedback to enhance students' performance, conduct, ethics, and communication skills for the workplace.

**Prerequisite:** HDFS 477A with a minimum grade of C or HDFS 477B with a minimum grade of C.

**Restriction:** Must not be a: Freshman, Sophomore, Junior.

**Registration Information:** Senior standing. Background check required. Human Development and Family Studies majors only. Sections may be offered: Online.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Instructor Option.

**Special Course Fee:** No.

**HDFS 488E Internship: Leadership Credits: Var[4-6] (0-0-0)**

**Course Description:** Provides an opportunity to integrate HDFS classroom knowledge into real-world experiences. Students complete 4-6 credits at an internship site established and approved by the HDFS Department. Weekly meetings with internship site supervisors foster the development of professional skills and feedback to enhance students' performance, conduct, ethics, and communication skills for the workplace.

**Prerequisite:** HDFS 477A with a minimum grade of C or HDFS 477B with a minimum grade of C.

**Restriction:** Must not be a: Freshman, Sophomore, Junior.

**Registration Information:** Senior standing. Background check required. Human Development and Family Studies majors only. Sections may be offered: Online.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Instructor Option.

**Special Course Fee:** No.

**HDFS 492 Capstone--Evidence-Based Program Proposals Credits: 3 (0-0-3)**

**Course Description:** Research, development, and oral presentations of evidence-based prevention or intervention program proposals from a contextual and developmental perspective.

**Prerequisite:** HDFS 350.

**Restriction:** Must not be a: Freshman, Sophomore, Junior.

**Registration Information:** Major in Human Development and Family Studies or Early Childhood Education. Completion of 90 credits. Sections may be offered: Online.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 493 Specialized Seminar Credits: 3 (0-0-3)**

**Course Description:** Advanced study of theory, research, and application in a specialized area.

**Prerequisite:** None.

**Registration Information:** Written consent of instructor.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Instructor Option.

**Special Course Fee:** No.

**HDFS 495A Independent Study: Human Development Credits:**

**Var[1-18] (0-0-0)**

**Course Description:**

**Prerequisite:** None.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Instructor Option.

**Special Course Fee:** No.

**HDFS 495B Independent Study: Family Studies Credits:**

**Var[1-18] (0-0-0)**

**Course Description:**

**Prerequisite:** None.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Instructor Option.

**Special Course Fee:** No.

**HDFS 495C Independent Study: Early Childhood Education Credits:**

**Var[1-18] (0-0-0)**

**Course Description:**

**Prerequisite:** None.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Instructor Option.

**Special Course Fee:** No.

**HDFS 497A Group Study: Peer Advising Credits: Var[1-3] (0-0-0)**

**Course Description:** Serve as an active member of the Peer Advising Team by providing assistance to undergraduate students and support to the HDFS advisors to enhance the services provided by the HDFS Undergraduate Advising Office.

**Prerequisite:** HDFS 277.

**Registration Information:** Written consent of department required.

**Terms Offered:** Fall, Spring.

**Grade Modes:** S/U within Student Option, Trad within Student Option.

**Special Course Fee:** No.

**HDFS 497B Group Study: Undergraduate Outreach and Leadership Credits: Var[1-3] (0-0-0)**

**Course Description:** Application of human development skills in a variety of settings.

**Prerequisite:** None.

**Registration Information:** Written consent of department required. A maximum of 3 credits may count toward a student's concentration.

Course may be repeated up to nine times for elective credit.

**Terms Offered:** Fall, Spring.

**Grade Mode:** S/U Sat/Unsat Only.

**Special Course Fee:** No.

**HDFS 497C Group Study: Student Respect/Wellness Education Credits: Var[1-3] (0-0-0)**

**Course Description:** Application of human development skills in a variety of settings.

**Prerequisite:** None.

**Registration Information:** Written consent of department required. A maximum of 3 credits may count toward a student's concentration.

Course may be repeated up to nine times for elective credit.

**Terms Offered:** Fall, Spring.

**Grade Mode:** S/U Sat/Unsat Only.

**Special Course Fee:** No.

**HDFS 497D Group Study: Asian/Pacific American Cultural Center Credits: Var[1-3] (0-0-0)**

**Course Description:** Application of human development skills in a variety of settings.

**Prerequisite:** None.

**Registration Information:** Written consent of department required. A maximum of 3 credits may count toward a student's concentration.

Course may be repeated up to nine times for elective credit.

**Terms Offered:** Fall, Spring.

**Grade Mode:** S/U Sat/Unsat Only.

**Special Course Fee:** No.

**HDFS 497E Group Study: Rites of Passage Mentoring Program Credit: 1 (0-0-1)**

**Course Description:** Peer mentoring, assisting with a retreat for incoming first year students, attending seminars/community building forums, community service involvement, providing academic resource information, and leadership development. The goal of this course is to improve the academic performance and retention rate of African American first-year and transfer students.

**Prerequisite:** None.

**Registration Information:** Written consent of instructor.

**Terms Offered:** Fall, Spring.

**Grade Mode:** Instructor Option.

**Special Course Fee:** No.

**HDFS 497F Group Study: Honors Human Development Credits: Var[1-3] (0-0-0)**

**Course Description:** Application of human development skills in a variety of settings.

**Prerequisite:** None.

**Registration Information:** Written consent of department required. A maximum of 3 credits may count toward a student's concentration.

Course may be repeated up to nine times for elective credit.

**Terms Offered:** Fall, Spring.

**Grade Mode:** Instructor Option.

**Special Course Fee:** No.

**HDFS 497G Group Study: Human Development Credits: Var[1-3] (0-0-0)**  
**Course Description:** Application of human development skills in a variety of settings.

**Prerequisite:** None.

**Registration Information:** Written consent of department required. A maximum of 3 credits may count toward a student's concentration. Course may be repeated up to nine times for elective credit.

**Terms Offered:** Fall, Spring.

**Grade Mode:** S/U Sat/Unsat Only.

**Special Course Fee:** No.

**HDFS 498A Research: Human Development Credits: Var[1-3] (0-0-0)**  
**Course Description:**

**Prerequisite:** None.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Instructor Option.

**Special Course Fee:** No.

**HDFS 498B Research: Family Studies Credits: Var[1-3] (0-0-0)**

**Course Description:**

**Prerequisite:** None.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Instructor Option.

**Special Course Fee:** No.

**HDFS 499 Thesis Credits: Var[1-6] (0-0-0)**

**Course Description:** Independent research project presented to a faculty committee.

**Prerequisite:** None.

**Registration Information:** Written consent of department chair.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Instructor Option.

**Special Course Fee:** No.

**HDFS 500 Issues in Human Development & Family Studies Credits: 3 (2-3-0)**

**Course Description:** A selected, broad issue in human development and family studies emphasizing principles of research.

**Prerequisite:** None.

**Registration Information:** Must register for lecture and laboratory.

**Term Offered:** Fall.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 505 Human Development for Helping Professionals Credits: 3 (3-0-0)**

**Course Description:** An advanced overview of lifespan development, focusing on wellness promotion and developmental influences on case conceptualization and treatment.

**Prerequisite:** None.

**Registration Information:** Graduate standing or written consent of instructor. This is a partial semester course. Offered as an online course only.

**Term Offered:** Summer.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 515 Family Systems and Psychopathology Credits: 3 (3-0-0)**

**Course Description:** Assessment and diagnosis of mental illness within the context of family systems.

**Prerequisite:** None.

**Restriction:** Must be a Graduate.

**Registration Information:** Admission to Marriage and Family Therapy Program.

**Term Offered:** Summer.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 520 Family Therapy Practice: Treatment Planning Credits: 3 (1-2-1)**

**Course Description:** Integration of family/couple therapy theories and practice related to treatment planning and internal family systems therapy.

**Prerequisite:** None.

**Registration Information:** Admission to the Marriage and Family Therapy Program.

**Term Offered:** Spring.

**Grade Mode:** Traditional.

**Special Course Fee:** Yes.

**HDFS 521 Family Therapy Practice: Common Factors Credits: 3 (1-2-1)**

**Course Description:** Application of common factors - e.g., therapeutic alliance - in family and couple therapy.

**Prerequisite:** None.

**Registration Information:** Admission to the Marriage and Family Therapy Program. Must register for lecture, laboratory, and recitation.

**Term Offered:** Spring.

**Grade Mode:** Traditional.

**Special Course Fee:** Yes.

**HDFS 524 Family Studies Credits: 3 (3-0-0)**

**Course Description:** Major theories and content areas in the field of family studies with an emphasis on family diversity.

**Prerequisite:** None.

**Restriction:** Must be a Graduate.

**Registration Information:** Graduate standing. Sections may be offered: Online.

**Term Offered:** Fall.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 534 Marriage and Family Therapy Credits: 3 (3-0-0)**

**Course Description:** Theories and techniques.

**Prerequisite:** None.

**Restriction:** Must be a Graduate.

**Registration Information:** Admission to Marriage and Family Therapy Program or permission of instructor.

**Term Offered:** Fall.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 545 Program Evaluation Methods and Statistics Credits: 3 (3-0-0)**

**Course Description:** Introduction to program evaluation methods, empirical research, data analysis, and interpretation in prevention science.

**Prerequisite:** None.

**Restriction:** Must be a Graduate.

**Registration Information:** Graduate standing. This is a partial semester course. Offered as an online course only.

**Terms Offered:** Spring, Summer.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 549 Research Methods I Credits: 3 (3-0-0)**

**Course Description:** Introduction to empirical research, data analysis, and interpretation in Human Development and Family Sciences.

**Prerequisite:** None.

**Registration Information:** Required: 3 credits of STAT; 3 credits of upper division behavioral sciences.

**Term Offered:** Fall.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 550 Research Methods II Credits: 3 (3-0-0)**

**Course Description:** Research strategies and ethical considerations.

**Prerequisite:** HDFS 549.

**Term Offered:** Spring.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 590A Workshop: Human Development Credits: Var[1-3] (0-0-0)**

**Course Description:**

**Prerequisite:** None.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Instructor Option.

**Special Course Fee:** No.

**HDFS 590B Workshop: Family Studies Credits: Var[1-3] (0-0-0)**

**Course Description:**

**Prerequisite:** None.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Instructor Option.

**Special Course Fee:** No.

**HDFS 592 Grant Writing--Research/Program Development Credits: 3 (1-0-2)**

**Course Description:** Foundational skills underlying grantsmanship for human services professionals in research, community-based programming, and training or professional development. Interactive development of skills to seek funding, think critically, write technically, and work and plan collaboratively in order to develop strong grant proposals across varying contexts.

**Prerequisite:** None.

**Restriction:** Must be a: Graduate.

**Registration Information:** Must register for lecture and recitation.

Sections may be offered: Online.

**Term Offered:** Spring (odd years).

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 593 Seminar--Human Services Leadership Credit: 1 (0-0-1)**

**Course Description:** Investigates issues relevant to human development and family studies, such as human services, non-profits, and other enterprises related to helping individuals, couples, and families.

**Prerequisite:** None.

**Registration Information:** Junior standing. Admission in a graduate program at Colorado State University or consent of instructor. Must have concurrent registration in HDFS 475. Sections may be offered: Online.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 600 Professional Development Seminar Credit: 1 (0-0-1)**

**Course Description:** Essential professional development topics in the social sciences. Prepare and apply for a variety of post-graduate positions.

**Prerequisite:** None.

**Restriction:** Must be a: Graduate, Professional.

**Registration Information:** May be repeated multiple times.

**Terms Offered:** Fall, Spring.

**Grade Mode:** S/U Sat/Unsat Only.

**Special Course Fee:** No.

**HDFS 607 Prevention Science Across the Lifespan Credits: 3 (3-0-0)**

**Course Description:** Theory, methods, interventions, and standards of evidence in preventing mental, emotional, and behavioral disorders.

**Prerequisite:** None.

**Restriction:** Must be a: Graduate, Graduate cooperative program, Professional.

**Registration Information:** Sections may be offered: Online.

**Term Offered:** Fall.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 608 Program Planning and Implementation Credits: 3 (3-0-0)**

**Course Description:** Design or adapt research-based prevention programs from a family-centered, developmentally appropriate perspective.

**Prerequisite:** None.

**Restriction:** Must be a: Graduate, Graduate cooperative program, Professional.

**Registration Information:** Sections may be offered: Online.

**Term Offered:** Spring (odd years).

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 609 Prevention Program Evaluation Credits: 3 (3-0-0)**

**Course Description:** Concepts and practices of program evaluation in prevention science.

**Prerequisite:** None.

**Restriction:** Must be a: Graduate, Graduate cooperative program, Professional.

**Registration Information:** Sections may be offered: Online.

**Term Offered:** Spring (even years).

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 610 Risk and Resilience Credits: 3 (3-0-0)**

**Course Description:** Factors influencing risk for poor developmental outcomes and resilience despite risks or adversities. Risk and resilience are presented as developmental processes influenced by ecological factors residing in families, schools, and neighborhoods.

**Prerequisite:** None.

**Restriction:** Must be a: Graduate, Graduate cooperative program, Professional.

**Registration Information:** Sections may be offered: Online.

**Term Offered:** Spring.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 611 Early Child Development Credits: 3 (3-0-0)**

**Course Description:** Social, emotional, neurophysiological, cognitive, and contextual factors influencing children's development. Research-based applications to promote optimal development.

**Prerequisite:** None.

**Restriction:** Must be a: Graduate, Professional.

**Registration Information:** Sections may be offered: Online.

**Term Offered:** Spring (odd years).

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 612 Adolescent Development Credits: 3 (2-0-1)**

**Course Description:** Review of key theoretical approaches and empirical research pertaining to the developmental period of adolescence using a multidisciplinary framework for understanding the many different and important facets of adolescent health.

**Prerequisite:** None.

**Restriction:** Must be a: Graduate, Graduate cooperative program, Professional.

**Registration Information:** Must register for lecture and recitation.

Sections may be offered: Online.

**Term Offered:** Fall (odd years).

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 613 Adult Development and Aging Credits: 3 (2-0-1)**

**Course Description:** Biological, psychological, and selected sociological aspects of individual and interpersonal development in adulthood and aging from a life-span perspective.

**Prerequisite:** None.

**Restriction:** Must be a: Graduate, Professional.

**Registration Information:** Must register for lecture and recitation.

Sections may be offered: Online.

**Term Offered:** Spring (even years).

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 620 Family Therapy Practice: Addictions Credits: 3 (1-2-1)**

**Course Description:** Application of marriage and family therapy theories to clinical practice with a focus on addiction and self-of-the-therapist.

**Prerequisite:** None.

**Restriction:** Must be a: Graduate, Professional.

**Registration Information:** Admission to the Marriage and Family Therapy Program.

**Term Offered:** Fall.

**Grade Mode:** Traditional.

**Special Course Fee:** Yes.

**HDFS 621 Family Therapy Practice: Topics in Sexuality Credits: 3 (1-2-1)**

**Course Description:** Integration of family therapy theories and practice related to topics in sexuality, termination and referral, and one's personal theory of change.

**Prerequisite:** None.

**Restriction:** Must be a: Graduate, Professional.

**Registration Information:** Admission to the Marriage and Family Therapy Program.

**Term Offered:** Fall.

**Grade Mode:** Traditional.

**Special Course Fee:** Yes.

**HDFS 624 Skills and Techniques in Family Therapy Credits: 3 (3-0-0)**

**Course Description:** Elaboration of techniques and therapy skills based on theory and research.

**Prerequisite:** HDFS 534.

**Restriction:** Must be a: Graduate, Professional.

**Registration Information:** Admission to Marriage and Family Therapy Program or permission of instructor.

**Term Offered:** Spring.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 636 Aging and the Family Credits: 3 (3-0-0)**

**Course Description:** Theory and research relating to topics on aging during middle and late years of family life cycle.

**Prerequisite:** HDFS 300 to 481 - at least 1 course.

**Restriction:** Must be a: Graduate, Professional.

**Registration Information:** One course in adult development or 6 credits of upper-division behavioral science.

**Term Offered:** Fall (even years).

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 644 Foundations in Family Therapy Credits: 3 (3-0-0)**

**Course Description:** Contemporary research and treatment strategies for parenting problems, family violence, and substance abuse.

**Prerequisite:** HDFS 534.

**Restriction:** Must be a: Graduate, Professional.

**Term Offered:** Spring.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 650 Multivariate Research Methods I Credits: 3 (2-0-1)**

**Course Description:** Statistical concepts and analysis.

**Prerequisite:** HDFS 550.

**Restriction:** Must be a: Graduate, Graduate cooperative program, Professional.

**Registration Information:** Must register for lecture and recitation.

**Term Offered:** Fall.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 676 Professional Skills Development Credits: 3 (3-0-0)**

**Course Description:** Fundamental skills of marriage and family therapy; clinic procedures; case assessment, planning, and management.

**Prerequisite:** None.

**Restriction:** Must be a: Graduate, Professional.

**Registration Information:** Admission to Marriage and Family Therapy Program.

**Term Offered:** Fall.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 677 Ethical, Legal, & Professional Issues in MFT Credits: 3 (0-0-3)**

**Course Description:** Ethical, legal, and professional issues in the practice of Marriage and Family Therapy.

**Prerequisite:** None.

**Restriction:** Must be a: Graduate, Professional.

**Registration Information:** Admission into the Marriage and Family Therapy (MFT) program.

**Term Offered:** Spring.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 684 Supervised College Teaching Credits: Var[1-18] (0-0-0)****Course Description:****Prerequisite:** None.**Restriction:** Must be a: Graduate, Professional.**Terms Offered:** Fall, Spring.**Grade Mode:** S/U Sat/Unsat Only.**Special Course Fee:** No.**HDFS 686A Practicum: Human Development Credits: Var[1-15] (0-0-0)****Course Description:** Application of human development skills in a variety of professional settings.**Prerequisite:** HDFS - at least 9 credits.**Restriction:** Must be a: Graduate, Professional.**Terms Offered:** Fall, Spring, Summer.**Grade Mode:** Instructor Option.**Special Course Fee:** No.**HDFS 686B Practicum: Family Studies Credits: Var[1-15] (0-0-0)****Course Description:** Application of human development skills in a variety of professional settings.**Prerequisite:** HDFS - at least 9 credits.**Restriction:** Must be a: Graduate, Professional.**Terms Offered:** Fall, Spring, Summer.**Grade Mode:** Instructor Option.**Special Course Fee:** No.**HDFS 686D Practicum: Developmental Assessment Credits:****Var[1-15] (0-0-0)****Course Description:** Application of human development skills in a variety of professional settings.**Prerequisite:** HDFS - at least 9 credits.**Restriction:** Must be a: Graduate, Professional.**Terms Offered:** Fall, Spring, Summer.**Grade Mode:** Instructor Option.**Special Course Fee:** No.**HDFS 686E Practicum: Early Childhood Education Credits:****Var[1-15] (0-0-0)****Course Description:** Application of human development skills in a variety of professional settings.**Prerequisite:** HDFS - at least 9 credits.**Restriction:** Must be a: Graduate, Professional.**Terms Offered:** Fall, Spring, Summer.**Grade Mode:** Instructor Option.**Special Course Fee:** No.**HDFS 687A Internship: Human Development Credits: Var[1-18] (0-0-0)****Course Description:** Application of advanced human development skills in professional settings.**Prerequisite:** HDFS 500 to 799 - at least 9 credits.**Restriction:** Must be a: Graduate, Professional.**Terms Offered:** Fall, Spring, Summer.**Grade Mode:** Instructor Option.**Special Course Fee:** No.**HDFS 687B Internship: Family Studies Credits: Var[1-18] (0-0-0)****Course Description:** Application of advanced human development skills in professional settings.**Prerequisite:** HDFS 500 to 799 - at least 9 credits.**Restriction:** Must be a: Graduate, Professional.**Terms Offered:** Fall, Spring, Summer.**Grade Mode:** Instructor Option.**Special Course Fee:** No.**HDFS 687C Internship: Marriage and Family Therapy Credits:****Var[1-18] (0-0-0)****Course Description:** Application of advanced human development skills in professional settings.**Prerequisite:** HDFS 677, may be taken concurrently.**Restriction:** Must be a: Graduate, Professional.**Terms Offered:** Fall, Spring, Summer.**Grade Mode:** Instructor Option.**Special Course Fee:** No.**HDFS 692A Family Issues: Intimacy and Human Sexuality Credits:****3 (3-0-0)****Course Description:** Contextual, physiological, developmental, and personal issues that affect heterosexual, gay, lesbian, bisexual, transgender, and questioning individuals. Preparation for clinical work related to issues of sexuality. Sexuality research, contemporary theories, and approaches to sex therapy or interventions, sexuality education, sexual violence prevention programs, and other sexuality-related policies.**Prerequisite:** None.**Restriction:** Must be a: Graduate, Professional.**Registration Information:** Admission into the Marriage and Family Therapy (MFT) program.**Term Offered:** Spring.**Grade Mode:** Traditional.**Special Course Fee:** No.**HDFS 692B Family Issues: Parenting Credits: 3 (0-0-3)****Course Description:** Current issues in the family with implications for intervention, therapy, and policy.**Prerequisite:** None.**Restriction:** Must be a: Graduate, Professional.**Registration Information:** Six credits of upper division behavioral sciences.**Term Offered:** Fall (odd years).**Grade Mode:** Traditional.**Special Course Fee:** No.**HDFS 692C Family Issues: Family Policy and Programming Credits:****3 (0-0-3)****Course Description:** Current issues in the family with implications for intervention, therapy, and policy.**Prerequisite:** None.**Restriction:** Must be a: Graduate, Graduate cooperative program, Professional.**Grade Mode:** Traditional.**Special Course Fee:** No.**HDFS 692D Family Issues: Contemporary Family Issues Credits:****3 (0-0-3)****Course Description:** Current issues in the family with implications for intervention, therapy, and policy.**Prerequisite:** None.**Restriction:** Must be a: Graduate, Professional.**Registration Information:** Six credits of upper division behavioral sciences.**Terms Offered:** Fall, Spring, Summer. Offered as needed.**Grade Mode:** Traditional.**Special Course Fee:** No.

**HDFS 693 Capstone Seminar Credits: 3 (0-0-3)**

**Course Description:** Essential topics in writing a thesis or capstone project, including literature searches, data analytic plans, data analyses, articulating research findings, and presenting on research.

**Prerequisite:** HDFS 550.

**Restriction:** Must be a: Graduate, Professional.

**Term Offered:** Fall.

**Grade Mode:** S/U Sat/Unsat Only.

**Special Course Fee:** No.

**HDFS 695A Independent Study: Human Development Credits: Var[1-18] (0-0-0)**

**Course Description:**

**Prerequisite:** None.

**Restriction:** Must be a: Graduate, Graduate cooperative program, Professional.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Instructor Option.

**Special Course Fee:** No.

**HDFS 695B Independent Study: Family Studies Credits: Var[1-18] (0-0-0)**

**Course Description:**

**Prerequisite:** None.

**Restriction:** Must be a: Graduate, Professional.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Instructor Option.

**Special Course Fee:** No.

**HDFS 695C Independent Study: Early Childhood Education Credits: Var[1-18] (0-0-0)**

**Course Description:**

**Prerequisite:** None.

**Restriction:** Must be a: Graduate, Professional.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Instructor Option.

**Special Course Fee:** No.

**HDFS 697 Group Study Credits: Var[1-6] (0-0-0)**

**Course Description:**

**Prerequisite:** None.

**Restriction:** Must be a: Graduate, Graduate cooperative program, Professional.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Instructor Option.

**Special Course Fee:** No.

**HDFS 698A Research: Human Development Credits: Var[1-3] (0-0-0)**

**Course Description:**

**Prerequisite:** None.

**Restriction:** Must be a: Graduate, Professional.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Instructor Option.

**Special Course Fee:** No.

**HDFS 698B Research: Family Studies Credits: Var[1-3] (0-0-0)**

**Course Description:**

**Prerequisite:** None.

**Restriction:** Must be a: Graduate, Professional.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Instructor Option.

**Special Course Fee:** No.

**HDFS 699 Thesis Credits: Var[1-18] (0-0-0)**

**Course Description:**

**Prerequisite:** HDFS 550.

**Restriction:** Must be a: Graduate, Professional.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** Instructor Option.

**Special Course Fee:** No.

**HDFS 710 Theories of Applied Developmental Science Credits: 3 (3-0-0)**

**Course Description:** Theories of applied developmental science, and implications for intervention and policy.

**Prerequisite:** HDFS 500.

**Restriction:** Must be a: Graduate, Professional.

**Term Offered:** Fall (even years).

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 750 Multivariate Research Methods II Credits: 3 (3-0-0)**

**Course Description:** Applications of multivariate methods to research in applied developmental science.

**Prerequisite:** HDFS 650.

**Restriction:** Must be a: Graduate, Professional.

**Term Offered:** Spring.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 772 Marriage and Family Therapy Supervision Credits: 3 (2-0-1)**

**Course Description:** Prepares professionals to supervise marriage and family therapists in a variety of settings.

**Prerequisite:** None.

**Restriction:** Must be a: Graduate, Professional.

**Registration Information:** Written consent of instructor.

**Terms Offered:** Spring, Summer.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 792A Seminar: Lifespan Socioemotional Development Credits: 3 (0-0-3)**

**Course Description:** Current issues in applied developmental science involving a synthesis of theory, research, and application.

**Prerequisite:** HDFS 500.

**Restriction:** Must be a: Graduate, Professional.

**Term Offered:** Spring (odd years).

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 792B Seminar: Lifespan Cognitive Development Credits: 3 (0-0-3)**

**Course Description:** Current issues in applied developmental science involving a synthesis of theory, research, and application.

**Prerequisite:** HDFS 500.

**Restriction:** Must be a: Graduate, Professional.

**Term Offered:** Spring (even years).

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 792C Seminar: Special Topics Credits: 3 (0-0-3)**

**Course Description:** Current issues in applied developmental science involving a synthesis of theory, research, and application.

**Prerequisite:** HDFS 500.

**Restriction:** Must be a: Graduate, Professional.

**Grade Mode:** Traditional.

**Special Course Fee:** No.

**HDFS 799 Dissertation Credits: Var[1-18] (0-0-0)**

**Course Description:**

**Prerequisite:** None.

**Restriction:** Must be a: Graduate, Professional.

**Terms Offered:** Fall, Spring, Summer.

**Grade Mode:** S/U Sat/Unsat Only.

**Special Course Fee:** No.