

MASTER OF SCIENCE IN HUMAN DEVELOPMENT AND FAMILY STUDIES, MARRIAGE AND FAMILY THERAPY SPECIALIZATION, PLAN A AND PLAN B

the second year, in the context of the course HDFS 693). Students work together to do secondary data analysis (of department-provided or publicly available datasets) to complete a full research project (literature review, method section, data analysis and results, and discussion).

Plan B Effective Fall 2025

Code	Title	Credits
Required Courses		
HDFS 500	Issues in Human Development & Family Studies	3
HDFS 515	Family Systems and Psychopathology	3
HDFS 520	Family Therapy Practice: Treatment Planning	3
HDFS 521	Family Therapy Practice: Common Factors	3
HDFS 524	Family Studies	3
HDFS 534	Marriage and Family Therapy	3
HDFS 549	Research Methods I	3
HDFS 550	Research Methods II	3
HDFS 620	Family Therapy Practice: Addictions	3
HDFS 621	Family Therapy Practice: Topics in Sexuality	3
HDFS 624	Skills and Techniques in Family Therapy	3
HDFS 644	Foundations in Family Therapy	3
HDFS 676	Professional Skills Development	3
HDFS 677	Ethical, Legal, & Professional Issues in MFT	3
HDFS 687C	Internship: Marriage and Family Therapy	5
Selected Courses		
Select one from the following:		3
HDFS 610	Risk and Resilience	
HDFS 611	Early Child Development	
HDFS 612	Adolescent Development	
HDFS 613	Adult Development and Aging	
HDFS 692A	Family Issues: Intimacy and Human Sexuality	
HDFS 692B	Family Issues: Parenting	
HDFS 792A	Seminar: Lifespan Socioemotional Development	
HDFS 792B	Seminar: Lifespan Cognitive Development	
Capstone Seminar		
HDFS 693	Capstone Seminar	3
Program Total Credits:		53

A minimum of 53 credits are required to complete this program.

¹ Capstone projects involve completing a thesis-like product, but working in pairs to divide the work, and completing it in one semester (fall of