

MASTER OF SCIENCE IN HUMAN DEVELOPMENT AND FAMILY STUDIES, MARRIAGE AND FAMILY THERAPY SPECIALIZATION, PLAN A AND PLAN B



The Master of Science (M.S.) degree in Human Development and Family Studies (HDFS) with a specialization in Marriage and Family Therapy (MFT) will produce professionals capable of applying in-depth knowledge, creativity, and research experience to the assessment and treatment of clients in a variety of contexts. All MFT master's students will gain new knowledge and clinical experience through completion of advanced level coursework in MFT theories and practice, family and developmental theories, research methods and statistics; and applied clinical training in our on-campus Centers for Counseling, Mentoring, and Assessment (C-CAM) (<https://www.chhs.colostate.edu/hdfs/programs-and-degrees/m-s-in-human-development-and-family-studies/marriage-and-family-therapy-specialization/>) operated by the MFT Program. Students complete three clinical rotations as part of degree completion. Students will be prepared to provide ethical, socioculturally-attuned, evidence-based, and systemically-oriented therapeutic services for a diverse population of individuals, couples, and families within a variety of professional contexts, including community, academic, and policy-making settings.

- Students pursuing the Plan A degree will conduct research under the supervision of a faculty adviser culminating in a capstone and thesis project.
- Students pursuing the Plan B degree will conduct research under the supervision of a faculty advisor culminating in a capstone project.

Learn more about the Master's in Human Development and Family Studies, Marriage and Family Therapy Specialization, Plan A and Plan B, on the Department of Human Development and Family Studies website (<https://www.chhs.colostate.edu/hdfs/programs-and-degrees/m-s-in->

[human-development-and-family-studies/marriage-and-family-therapy-specialization/](https://www.chhs.colostate.edu/hdfs/programs-and-degrees/m-s-in-human-development-and-family-studies/marriage-and-family-therapy-specialization/)).

[Students interested in graduate work should refer to the Graduate and Professional Bulletin.](#)

Learning Objectives

Upon successful completion of this specialization, students will be able to:

1. Demonstrate competency in the practice of Marriage and Family Therapy.
2. Demonstrate competency in providing therapeutic services to diverse, marginalized, and underserved communities.
3. Demonstrate critical consumption of and contributions to Marriage and Family Therapy literature.
4. Demonstrate effective oral and written communication to convey evidence-based and systemic family therapy concepts to both clinical and nonclinical populations.
5. Demonstrate professional behavior and understand the ethical, economic, environmental, and societal impacts of their work.